

ARRIVALS FROM “LIST E” COUNTRIES

This guide is for students who stayed in/transited through any country that is not specifically mentioned in the regulations established by the Italian government (read the other Lists [here](#)).

Entry in Italy from “List E” countries is allowed only: for **study**, work, health, absolute urgency or to reach one’s residence/domicile. It is also allowed to Italian/EU/Schengen citizens and long-term residents and their families, and to people who have a proven and stable relationship with an Italian/EU/Schengen citizen or a citizen who legally resides in Italy (long-term resident), in order to reach the partner’s residence.

THE STEPS

To enter Italy, you will need to:

- ✓ fill in the [EU Digital Passenger Locator Form \(dPLF\)](#) before arrival
- ✓ present the negative result of a **molecular test** carried out by means of a swab in the 72h before arrival, or an **antigen test** taken in the 24h before arrival
- ✓ reach your domicile from the airport **only by private transport** (taxi or car renting)
- ✓ inform the ATS (local health bureau) of your arrival by filling out, as soon as possible after arrival, the survey at the link https://covid.ats-milano.it/?q=rientro_da_estero
- ✓ **self-isolate for 10 days** under health surveillance at the domicile indicated in the dPLF
- ✓ take a **second molecular or antigen test** at the end of the 10-days period

These regulations are to be followed regardless of any vaccination certificate.

If you are domiciled outside of Milan, the ATS competent for your area will be different. Please write to the ISO to receive further support.

BEFORE YOUR ARRIVAL – KEY FACTS ABOUT COVID IN ITALY

Currently, **face masks** (surgical or higher protection) are mandatory indoors and outdoors on all national territory. Specifically, **FFP2 masks** are mandatory to [access certain services](#), among which **public transport**.

According to Italian regulations, travel **within** Italy and access to School and many other services can be limited to holders of a valid “[Green Pass](#)”. In Italy, the Green Pass is a document that can be issued after:

- receiving the negative result to a molecular test taken in the last 72 hours
- receiving the negative result to an antigen swab test taken in the last 48 hours
- having recovered from covid-19 and being no longer under prescription of self-isolation (valid for 180 days from the date of the first positive swab test)
- being vaccinated against covid-19 with the first dose of **a vaccine approved by the Italian Ministry of Health** (valid from 15 days after the dose, until the programmed date of inoculation of the second dose)
- being vaccinated against covid-19 with 2 doses (1 dose for J&J) of **a vaccine approved by the Italian Ministry of Health** (valid for 180 days)
- being vaccinated against covid-19 with the booster dose of **a vaccine approved by the Italian Ministry of Health** (unlimited validity)

The list of approved vaccines includes the EMA-authorized vaccines, plus a few more:

- Comirnaty (Pfizer-BioNtech)
- Spikevax (Moderna)
- Vaxzevria (AstraZeneca)
- Janssen (Johnson & Johnson)
- Nuvaxovid (Novavax)

- Covishield (Serum Institute of India, licensed by AstraZeneca)
- R-CoVI (R-Pharm, licensed by AstraZeneca)
- Covid-19 vaccine-recombinant (Fiocruz, licensed by AstraZeneca)

Two types of Green Passes exist for the purpose of accessing different services:

- **Green Pass Base:** the green pass obtained from a negative covid test result. This will be accepted to access the university and a number of other services.
- **Super Green Pass (Rafforzato):** the green pass obtained from vaccination or recovery. This will be necessary to access most services, among which **public transport and hotels**.

Currently, within Italy, the acceptance of certain international certificates is still pending (i.e. not-approved vaccines, recovery certificates from some Non-EU countries, etc.).

But regardless of their current validity on the national territory, we recommend all students who have been vaccinated or have recovered from covid-19, to bring with them a certificate that proves the same.

A vaccination certificate can be paper or digital, and should be in Italian, English, Spanish or French. If they are in other languages, a sworn translation in Italian should accompany it. It should also state:

- Identification data (your name, surname and date of birth)
- Data relative to the vaccine (type and batch)
- Dates of inoculation of the vaccine
- Identification data of the authority issuing the certificate (State, Health authority).

A recovery certificate can be paper or digital, and must always be accompanied by a sworn translation in Italian. It must also contain the following information:

- Identification data (your name, surname and date of birth)
- Information on your previous Sars-Cov-2 infection (the date of first positive swab test must be included)
- Identification data of the authority issuing the certificate (State, Health authority).

Requesting an equivalent Green Pass certificate

Even if your foreign certificate can be officially accepted to access MIP, you may still have issues accessing important services in Italy without an Italian Super Green Pass, since this document comes with a QR code that makes it easy for service managers to check its validity upon entry.

Therefore we strongly recommend that you request conversion of your valid foreign certificate into a Green Pass as soon as possible, before or after arrival (please note that a domicile address in Milan is necessary). The request can take a week or more to be processed.

Please go to https://covid.ats-milano.it/?q=segnalazione_certificazione_verde_covid19.

If you have received two doses of the vaccine abroad, please answer YES to the question “Are you already vaccinated?”. This will open up a menu where you can insert the data about your vaccination and upload the certificate stating that you have been vaccinated.

If, instead, you have recovered from being ill with Covid-19, please answer YES to the question “Have you been infected with Covid-19 within the past year?”. Here also, you will be shown a menu where you can input information about your recovery and upload your certificate.

For additional information on the issue of the Italian Green Pass, conversion of international certificates and access to the School, please **read more [here](#)**, or write to the **MIP Health and Safety Measures Team** at greenpass@mip.polimi.it.

AT THE AIRPORT

At your airport of arrival, we recommend that you buy an Italian SIM card, because some of the food delivery services you will have to use during your self-isolation may present issues if you insert a foreign phone number. Look for stores such as TIM, Vodafone, Wind3, ILIAD. Almost every mobile company in Italy will sell you a SIM for €10. If you cannot, you will find below a list of providers that allow you to buy a SIM online and have it shipped to your domicile.

From the airport, **you must reach your domicile by private transport**. This means either by taxi or car renting.

If you'd like to **rent a car**, make sure beforehand that your driving license is valid in Italy.

If you **get a taxi**, you can pick one of the many available cabs outside the Arrival area. Common taxi companies for the Milan area will have printed on the car doors their phone numbers.

For arrivals at Milano Malpensa or Linate, you can book a ride through the MiT (Milano in Taxi) app or call the official city taxi number 02 7777. By calling this number, you will be put in contact with one of the many municipality taxi services. If you prefer calling a specific operator directly, you can refer to one of the following numbers instead: 02 4040, 02 6969, 02 8585, 02 4000.

For arrivals at Orio al Serio, the official city taxi number is 035 4519090.

Alternatively, you can book a ride beforehand with the MIP provider **LOCATELLI**.

Autoservizi Locatelli is a taxi service that offers private transportation from-to Lombardy's international airports: Milano Malpensa, Milano Linate and Bergamo Orio al Serio.

Prices

Option 1. Transfer for 1-2 pax.

- € 100 from/to Orio Al Serio and Malpensa Milano
- € 80 from/to Linate

Option 2. Transfer for 1-8 pax. (multiple stops within 15km are allowed with no extra charge)

- € 120 from/to Orio Al Serio and Malpensa Milano
- € 100 from/to Linate

How to book

- Write to noleggio@autoservizilocatelli.it or info@autoservizilocatelli.it 4-5 days before your arrival, to book your ride
- In the e-mail, include the following details: surname, name, arrival date, flight number, mobile number, school (MIP student)
- Receive confirmation of your booking and the details of the driver who will welcome you at the Arrivals area
- Pay on the stop with credit card or cash (notify the provider earlier if you intend to pay with credit card)
- If you need to cancel your booking, communicate it 24h in advance

Please note:

- Listed prices refer to transfer towards the city of Milan. If your accommodation is outside of Milan, prices may vary
- No extra charge is requested in case of delays (the provider will monitor the status of the flights)
- Generally, a maximum of 3 luggages is accepted per person. If you have more than one, it is best to mention it during your booking.

REGISTRATION AT THE ATS AND SELF-ISOLATION

After arrival, you need to inform the ATS (local health office) of your entry in Italy. Register as soon as possible after arrival at the link https://covid.ats-milano.it/?q=rientro_da_estero. Please note that:

- If you are inserting a non-Italian phone number, write the prefix as well (with '00');
- If you are entering with family, all members including minors must be registered;
- Communications submitted more than 3 days before arrival will not be accepted;
- Report in the 'Notes' field any impossibility to upload the Green Pass, the covid-19 test result or other documents;
- Specify in the 'Notes' field any reason of exemption from quarantine or swab test.

You can find an official translation of the survey's fields in [this document](#).

Your 10-days self-isolation period starts on the day of your arrival and must be done regardless of your initial test result taken before departure. During this period, you won't be able to leave your house. You will be under health surveillance from the ATS, which means you should remain available via e-mail and phone, in case the ATS needs to contact you.

These are the ATS Milano's official instructions on how to self-isolate:

- *You must measure the body temperature **2 times** a day.*
- *You must limit contacts with eventual cohabitants trying to remain in separate rooms, not sharing common use objects, **always** wearing the medical mask.*
- *In case of **onset of symptoms** you must contact your family doctor.*
- ***Just** in case you develop severe symptoms call the national emergency number 112, avoid visiting the Hospital Emergency Room.*

If you are domiciled outside of Milan, the ATS competent for your area will be different. Please write to the ISO to receive further support.

END OF SELF-ISOLATION AND THE SECOND TEST

You can end your self-isolation only after you take the molecular or antigen test carried out by means of swab at the end of the 10-days period, and **receive its negative result**.

Within the end of your self-isolation, you should receive an e-mail from the ATS with confirmation of registration and with:

- A pdf document that indicates the start and end dates of your self-isolation period (**the test to end self-isolation cannot be dated prior to the end date indicated on this document**);
- Information on where you can get tested to end your self-isolation, free of charge.

After the 10-days period, **you can get tested at one of the indicated centres (usually a hospital or an accredited pharmacy) bringing with you a copy of the pdf you received**, your passport and fiscal code (if any). Please note that most of the centres perform molecular tests, which means **it will take at least one day to receive the result**. Antigen tests, instead, will guarantee a result in about 30 minutes.

If for any reason you receive the test result later than due, **you cannot interrupt your self-isolation period until then**.

To visit the pharmacy or centre for the test, **you should reach the place by private transport and wear a mask**.

With the negative test result, your self-isolation can end.

GROCERY SHOPPING

During your quarantine, you will not be able to leave your house not even for grocery shopping. There are several websites and phone Apps that will allow you to secure necessities through home delivery. They are usually in Italian but easy to use and with pictures.

[Everly](#)

[Glovo](#)

[Amazon](#)

[Conad](#)

[Esselunga](#)

[Carrefour](#)

[Coop](#)

[Pam](#)

We recommend that you buy an Italian SIM card at your airport of arrival, as some of these services may present issues if you insert a foreign phone number.

For further assistance or other urgent necessities, you can also refer to the Comune di Milano. Call their InfoLine 020202 and press 2 for other languages.

BUYING MEDICINES

It is a good idea to take with you a supply of the medicines that you usually take at home, especially medical prescriptions. However, in case of emergency, here are some medicine delivery websites and apps:

If you need over-the-counter medicines (e.g. paracetamol, ibuprofen...) you can order them through the app or the website [Glovo](#). The service is active in Milan (24/7) and in Piacenza (English version available).

There are also specialized apps and websites through which you can order also medicines prescribed by a doctor, by entering your NRE (prescription number). For example:

- [Pharmap](#) (website and app), available in Milan, Cremona, Piacenza and other towns in the hinterland of these cities (Italian only)
- The website www.consegnefarmaci.it, if you are in Milan or Cremona (Italian only)

GETTING AN ITALIAN SIM CARD

We recommend that you buy an Italian SIM card at your airport of arrival. However, certain providers will allow you to buy a SIM online and have it delivered at your domicile in Milan.

Find below the providers who offer this option.

ILIAD

- Online application: choose the offer you prefer
- Fill out your personal data (name, surname, passport number, domicile address, fiscal code, etc.)
- Make a video where you state who you are and that you chose Iliad, then attach your passport
- The SIM will be sent to your domicile address in 3-5 working days
- Once you receive it, you can activate the SIM by accessing your [Reserved Area](#) and select **Attivazione SIM**.

Cost: you will be asked to pay for the first month of the chosen offer + 10 Euro for the SIM.

KENA MOBILE

- Online application: choose the offer you prefer
- Fill out your personal data (name, surname, passport number, domicile address, fiscal code, etc.)
- **If you wish to receive the SIM by mail with Video Identification Kena Check-In:** pay by credit card or PayPal. By choosing this method, you'll receive the SIM in your mailbox and you will have to activate it through a video call with one of the operators, showing your ID and SIM ([discover Kena Check-In](#)).

- **If you wish to receive the SIM by Courier:** pay by credit card, PayPal or Cash on Delivery. By choosing this method, you will be contacted to make an appointment with the courier and you will have to be present at the time of delivery to:
 - show your ID and hand in a copy of it (front/back)
 - sign a 'Welcome Letter' and the form the courier will present to you (you will find copy of both in the parcel along with your SIM card).

Cost: you will be asked to pay for the first month of the chosen offer + 5 Euro for the SIM.

COVID-19 MEASURES AND MEDICAL ASSISTANCE

For further information on current measures, medical assistance and emergency numbers for COVID-19 in Italy, you can refer to our [dedicated COVID-19 webpage](#), which is updated ongoing.