

## ARRIVALS FROM BRAZIL, INDIA, SRI LANKA AND BANGLADESH

This guide is for students who stayed in/transited through one of the above countries. Entry in Italy from these countries is allowed to citizens of any nationality:

- for **study reasons** (certified with study visa, visa letter or admission letter for AIRE students)
- to reunite with their minor children, spouse or partner
- if they registered as residents in Italy before August 28 (February 13 for Brazil)
- for reasons of absolute necessity authorized by the Ministry of Health.

### THE STEPS

To enter Italy, you will need to:

- ✓ fill in the [EU Digital Passenger Locator Form \(dPLF\)](#) before arrival
- ✓ present the negative result of a molecular or antigen test carried out by means of a swab **in the 72 hours** before arrival
- ✓ take a **second molecular or antigen test** at the airport or border of entry, when possible, or within 48 hours after entry in Italy, by referring to the local health bureau;
- ✓ reach your domicile from the airport **only by private transport** (taxi or car renting);
- ✓ inform the local health bureau (ATS) of your arrival by filling out, as soon as possible **after** arrival, the survey at the link [https://covid.ats-milano.it/?q=rientro\\_da\\_estero](https://covid.ats-milano.it/?q=rientro_da_estero)
- ✓ **self-isolate for 10 days** under health surveillance at the address indicated in the dPLF
- ✓ take a **third molecular or antigen test** at the end of the 10-days period

**These regulations are to be followed regardless of any vaccination certificate.**

**If you are domiciled outside of Milan**, the ATS competent for your area will be different. Please write to the ISO to receive further support.

### BEFORE YOUR TRAVEL

According to Italian regulations, travel **within** Italy and access to School and other services (travel on urban public transport not included) can be limited to holders of a valid "[Green Pass](#)". In Italy, the Green Pass is a document that can be issued after:

- receiving the negative result to a molecular or antigen swab test in the last 48 hours
- having recovered from covid-19 and being no longer under prescription of self-isolation (valid for 180 days from the date of the first positive swab test)
- being vaccinated against covid-19 (2 doses, or 15 days after the first dose) in the last 270 days, with a vaccine approved in Italy. As of today, the approved vaccines are:
  - ✓ Comirnaty (Pfizer-BioNTech)
  - ✓ Spikevax (Moderna)
  - ✓ Vaxzevria (AstraZeneca)
  - ✓ Janssen (Johnson & Johnson)
  - ✓ Covishield (Serum Institute of India, product under AstraZeneca's license)
  - ✓ R-CoVI (R-Pharm, product under AstraZeneca's license)
  - ✓ Covid-19 vaccine-recombinant (Fiocruz, product under AstraZeneca's license)

Currently, within Italy, the acceptance of certain international certificates is still pending (i.e. not-approved vaccines, recovery certificates from some Non-EU countries, etc.).

But regardless of their current validity on the national territory, we recommend all students who have been vaccinated or have recovered from covid-19, to bring with them a certificate that proves the same.

A vaccination certificate can be paper or digital, and should be in Italian, English, Spanish or French. If they are in other languages, a sworn translation in Italian should accompany it. It should also state:

- Identification data (your name, surname and date of birth)
- Data relative to the vaccine (type and batch)
- Dates of inoculation of the vaccine
- Identification data of the authority issuing the certificate (State, Health authority).

A recovery certificate can be paper or digital, and must always be accompanied by a sworn translation in Italian. It must also contain the following information:

- o Identification data (your name, surname and date of birth)
- o Information on your previous Sars-Cov-2 infection (the date of first positive swab test must be included)
- o Identification data of the authority issuing the certificate (State, Health authority).

For additional information on the issue of the Italian Green Pass, conversion of international certificates and access to the School, please **read more [here](#)**, or write to the **MIP Health and Safety Measures Team at [greenpass@mip.polimi.it](mailto:greenpass@mip.polimi.it)**.

## AT THE AIRPORT

Once you arrive in Italy, you will need to take a molecular or antigen test at the airport or within 48 hours from entry.

If you arrive at Bergamo Orio al Serio airport, you can take an antigen test for 35€ directly at the airport pharmacy. You should book it in advance via e-mail. Read more at <https://www.milanbergamoairport.it/en/covid/>.

If you arrive at Milano Malpensa airport, you can take an antigen test for 36€ at the airport's covid test area (Arrivals area, ground floor, near door 4). If you have a fiscal code, you should book it in advance online. If you do not have a valid Italian fiscal code, you need to book it via e-mail. Read more at <https://www.milanomalpensa-airport.com/en/covid-faq/faq> under "Rapid antigen test directly at Malpensa airport".

If you arrive at Milano Linate airport, there is no option to take a test directly at the airport. You can take an antigen test at a private clinic (find a few options at <https://www.som.polimi.it/covidfaq/#section03> under "Covid-19 Testing") or a discounted molecular test at Milano Linate airport's agreed provider, Gruppo San Donato. To book, read more here <https://www.milanolate-airport.com/it/covid-faq/tamponi-san-donato>. Either way, you must take the test within 48 hours after entering Italy.

**The test result you receive in this phase must be communicated to the relevant ATS.** If you are domiciled in Milan, write to [rientro@ats-milano.it](mailto:rientro@ats-milano.it) and:

- ✓ attach your negative test result
- ✓ in the e-mail text, write your surname, name, domicile address in Milan where you will self-isolate, fiscal code if you have it, and the date and place where you were tested. Declare that this is the test you took upon arrival after entering Italy from (country of departure), and that you are currently in self-isolation at (your domicile address).

**Before leaving the airport, we recommend that you buy an Italian SIM card**, because some of the food delivery services you will have to use during your self-isolation may present issues if you insert a foreign phone number. Look for stores such as TIM, Vodafone, Wind3, ILIAD. Almost every mobile company in Italy will sell you a SIM for €10. If you cannot, you will find below a list of providers that allow you to buy a SIM online and have it shipped to your domicile.

## FROM THE AIRPORT TO YOUR DOMICILE

From the airport, **you must reach your domicile by private transport**. This means either by taxi or car renting.

If you'd like to **rent a car**, make sure beforehand that your driving license is valid in Italy.

If you **get a taxi**, you can pick one of the many available cabs outside the Arrival area. Common taxi companies for the Milan area will have printed on the car doors their phone numbers.

For arrivals at Milano Malpensa or Linate, you can book a ride through the MiT (Milano in Taxi) app or call the official city taxi number 02 7777. By calling this number, you will be put in contact with one of the many municipality taxi services. If you prefer calling a specific operator directly, you can refer to one of the following numbers instead: 02 4040, 02 6969, 02 8585, 02 4000.

For arrivals at Orio al Serio, the official city taxi number is 035 4519090.

Alternatively, you can book a ride beforehand with the MIP provider **LOCATELLI**.

**Autoservizi Locatelli** is a taxi service that offers private transportation from-to Lombardy's international airports: Milano Malpensa, Milano Linate and Bergamo Orio al Serio.

### Prices

Option 1. Transfer for 1-2 pax.

- € 100 from/to Orio Al Serio and Malpensa Milano
- € 80 from/to Linate

Option 2. Transfer for 1-8 pax. (multiple stops within 15km are allowed with no extra charge)

- € 120 from/to Orio Al Serio and Malpensa Milano
- € 100 from/to Linate

### How to book

- Write to [noleggio@autoservizilocatelli.it](mailto:noleggio@autoservizilocatelli.it) or [info@autoservizilocatelli.it](mailto:info@autoservizilocatelli.it) 4-5 days before your arrival, to book your ride
- In the e-mail, include the following details: surname, name, arrival date, flight number, mobile number, school (MIP student)
- Receive confirmation of your booking and the details of the driver who will welcome you at the Arrivals area
- Pay on the stop with credit card or cash (notify the provider earlier if you intend to pay with credit card)
- If you need to cancel your booking, communicate it 24h in advance

Please note:

- Listed prices refer to transfer towards the city of Milan. If your accommodation is outside of Milan, prices may vary
- No extra charge is requested in case of delays (the provider will monitor the status of the flights)
- Generally, a maximum of 3 luggages is accepted per person. If you have more than one, it is best to mention it during your booking.

## REGISTRATION AT THE ATS AND SELF-ISOLATION

After arrival, you need to inform the ATS (local health office) of your entry in Italy. Register as soon as possible after arrival at the link [https://covid.ats-milano.it/?q=rientro\\_da\\_estero](https://covid.ats-milano.it/?q=rientro_da_estero). Please note that:

- If you are inserting a non-Italian phone number, write the prefix as well (with '00');
- If you are entering with family, all members including minors must be registered;

- Communications submitted more than 3 days before arrival will not be accepted;
- Report in the 'Notes' field any impossibility to upload the Green Pass, the covid-19 test result or other documents;
- Specify in the 'Notes' field any reason of exemption from quarantine or swab test.

You can find an official translation of the survey's fields in [this document](#).

**Your 10-days self-isolation period** starts on the day of your arrival and must be done **regardless of your initial test result taken before departure or after arrival**. During this period, you won't be able to leave your house. You will be under health surveillance from the ATS, which means you should remain available via e-mail and phone, in case the ATS needs to contact you.

These are the ATS Milano's official instructions on how to self-isolate:

*If you must self-isolate, remember that:*

- You must measure the body temperature **2 times** a day.
- You must limit contacts with eventual cohabitants trying to remain in separate rooms, not sharing common use objects, **always** wearing the medical mask.
- In case of **onset of symptoms** you must contact your family doctor.
- **Just** in case you develop severe symptoms call the national emergency number 112, avoid visiting the Hospital Emergency Room.

In case of other information/need, you can send an email to [dip19@ats-milano.it](mailto:dip19@ats-milano.it).

**If you are domiciled outside of Milan**, the ATS competent for your area will be different. Please write to the ISO to receive further support.

## END OF SELF-ISOLATION AND THE THIRD TEST

You can end your self-isolation only when you take the molecular or antigen test carried out by means of swab at the end of the 10-days period, and **receive its negative result**.

Towards the end of your self-isolation, **the ATS will contact you directly, either via the e-mail or phone you indicated in the survey, to book an appointment for the test**. The test will be free of charge, and you will need to bring with you your passport and fiscal code.

If for any reason the ATS delays in contacting you, **you cannot interrupt your self-isolation period**. If this happens, please inform us at [iso@mip.polimi.it](mailto:iso@mip.polimi.it) so we can support you further.

Alternatively, you can choose to get tested privately, for a cost that is determined by the private clinic of your choice. You can refer to one of the options listed on [our webpage under "COVID-19 TESTING"](#). When you visit the clinic to take the test, **you should reach the place by private transport and wear a mask**.

If you test privately, after receiving the negative test result, you will need to communicate it to the ATS. Write an e-mail to [rientro@ats-milano.it](mailto:rientro@ats-milano.it) and:

- ✓ attach your negative test result
- ✓ in the e-mail text, write your surname, name, domicile address in Milan, fiscal code (if you have it) and the date and place where you were tested. Declare that this is your second test, with which you are completing your self-isolation.

With this, your self-isolation can end.

## GROCERY SHOPPING

During your quarantine, you will not be able to leave your house not even for grocery shopping. There are several websites and phone Apps that will allow you to secure necessities through home delivery. They are usually in Italian but easy to use and with pictures.

[Everly](#)

[Glovo](#)

[Amazon](#)

[Conad](#)

[Esselunga](#)

[Carrefour](#)

[Coop](#)

[Pam](#)

**We recommend that you buy an Italian SIM card at your airport of arrival**, as some of these services may present issues if you insert a foreign phone number.

For further assistance or other urgent necessities, you can also refer to the Comune di Milano. Call their InfoLine 020202 and press 2 for other languages.

## BUYING MEDICINES

It is a good idea to take with you a supply of the medicines that you usually take at home, especially medical prescriptions. However, in case of emergency, here are some medicine delivery websites and apps:

If you need over-the-counter medicines (e.g. paracetamol, ibuprofen...) you can order them through the app or the website [Glovo](#). The service is active in Milan (24/7) and in Piacenza (English version available).

There are also specialized apps and websites through which you can order also medicines prescribed by a doctor, by entering your NRE (prescription number). For example:

- [Pharmap](#) (website and app), available in Milan, Cremona, Piacenza and other towns in the hinterland of these cities (Italian only)
- The website [www.consegnefarmaci.it](http://www.consegnefarmaci.it), if you are in Milan or Cremona (Italian only)

## GETTING AN ITALIAN SIM CARD

**We recommend that you buy an Italian SIM card at your airport of arrival. However, certain providers will allow you to buy a SIM online and have it delivered at your domicile in Milan.**

Find below the providers who offer this option.

### ILIAD

- Online application: choose the offer you prefer
- Fill out your personal data (name, surname, passport number, domicile address, fiscal code, etc.)
- Make a video where you state who you are and that you chose Iliad, then attach your passport
- The SIM will be sent to your domicile address in 3-5 working days
- Once you receive it, you can activate the SIM by accessing your [Reserved Area](#) and select **Attivazione SIM**.

Cost: you will be asked to pay for the first month of the chosen offer + 10 Euro for the SIM.

### KENA MOBILE

- Online application: choose the offer you prefer
- Fill out your personal data (name, surname, passport number, domicile address, fiscal code, etc.)
- **If you wish to receive the SIM by mail with Video Identification Kena Check-In:** pay by credit card or PayPal. By choosing this method, you'll receive the SIM in your mailbox and you will have to activate it through a video call with one of the operators, showing your ID and SIM ([discover Kena Check-In](#)).
- **If you wish to receive the SIM by Courier:** pay by credit card, PayPal or Cash on Delivery. By choosing this method, you will be contacted to make an appointment with the courier and you will have to be present at the time of delivery to:
  - o show your ID and hand in a copy of it (front/back)

- sign a 'Welcome Letter' and the form the courier will present to you (you will find copy of both in the parcel along with your SIM card).

Cost: you will be asked to pay for the first month of the chosen offer + 5 Euro for the SIM.

### COVID-19 MEASURES AND MEDICAL ASSISTANCE

For further information on current measures, medical assistance and emergency numbers for COVID-19 in Italy, you can refer to our [dedicated COVID-19 webpage](#), which is updated ongoing.